

*P*atient *C*are

*E*ach patient is assigned a personal physician who coordinates care throughout their stay at the facility. The physician will work with specialists & staff from physical, speech, occupational & recreational therapies providing a program of care designed to help each patient attain their maximum potential.

Edgemoor Hospital has over 250 clinical staff members who provide direct care for patients. The nursing staff provides daily personal care, medication management and therapeutic intervention for each patient.

Social events are an important part of the Edgemoor experience. An active recreational program includes special celebrations of holidays, as well as carnivals, bingo, entertainment events featuring talent from the San Diego Community. The facility works with The Braille Institute, The Helen Woodward Animal Center & Huntington's Disease Association of America among many others providing a full calendar of activities.

Edgemoor is licensed and certified by the CA Department of Health Service in an annual state survey.



A Division of Aging and Independent Services
A Health & Human Services Agency
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April 2004

*E*dgemoor *H*ospital



*P*atient *I*nformation

April 2004

*Restoring Human Potential Through
Innovative Healthcare Services*

Tel: 619 956-2800

Information About Edgemoor Hospital

History

Edgemoor was founded in 1923 on the site of the original San Diego County poor farm. Historical buildings on the property date back to 1918. Initially, the facility served the needs of the poor & was a site for the treatment of tuberculosis, psychiatric disorders & polio patients. In later years the facility cared for poor, homeless geriatric patients. Today, Edgemoor Hospital provides services for the seriously ill or injured adult patients with chronic disorders.

Current **C**haracteristics

Edgemoor Hospital operates in conjunction with the County of San Diego Psychiatric Hospital. The facility provides long term medical care to patients with complex medical needs. Patients at the facility may have Huntington's Disease, AIDS, or have experienced traumatic injury. The age of patients range from 18 to 80 years. The majority of patients are male. Patients at the facility are often under conservatorship, in the Medi-Cal program & are not suitable for most nursing home environments.

Facility / **G**rounds

Edgemoor is located on 375 acres of park like rural surroundings in Santee, California.

Three separate buildings house patients: Barona, Pico & Santa Maria. Each building includes male & female patients. One unit is locked & secured to prevent patients from wandering.

Climate

Santee temperatures average in the 70's in the autumn, winter & spring. Summer temperatures occasionally range over 100 degrees. The facility is air conditioned in the summer & warmed by central heating in the winter.

Accommodations

Patients may be assigned a single, double or four bed, room. There are Community Day rooms with TV's, phones & activities.

Edgemoor has dormitory style bathrooms equipped to handle gurney & wheelchair patients for bathing & personal care. There are no private phone lines in the patient rooms. Rooms are equipped with cable hookups allowing patients to bring 13 inch or smaller televisions for their bedsides. Every attempt is made to assure that roommates are compatible. Patient rooms may be changed from time to time to meet patient & facility needs.



Dining **S**ervices

Three meals a day are served at Edgemoor. In keeping with a country tradition the heartiest meal is at noon. Patients may choose to have bedside meal service, eat in the dayroom or join other patients in the facility dining room. Nutritious snacks are also served throughout the day, in conjunction with facility events & in the day rooms.

Meals are planned by our registered dieticians & facility physicians to meet the requirements of each patient's care, special needs or limitations. Visitors may bring small quantities of food for patients but it must be stored in sealed plastic containers & will be kept only for a short time.

Visitors

Visitors are welcome at Edgemoor. Visiting hours are between 11 AM & 9 PM daily. Please sign in at the Welcome Center or check in with the nursing staff before entering the nursing units.

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